

ht & day

9 p.m. \$10 (18 and older). Strange Matter, 929 W. Grace St., 447-4763; strangematterva.com.

D.J. Williams Solo flamenco guitar performance. 7-9 p.m. Free.; djwilliamsmusic.com. Torero Tapas Bar & Grill, 1409 E. Cary St., 643-0911.

Josh Leif 7 p.m. Free. Daddio's Grille, 12385 Gayton Road, 754-1448; daddiosgrille.com.

Leon and Brad Lunch hour jazz. 12:30-2:30 p.m. Free. Neptune's Land & Sea, 403 E. Washington St., 862-8862; neptuneslandandsea.com.

Mike Davison and the Latin Jazz Messengers 7-10 p.m. Free. Mona Lounge and Cigar Bar, 2442 Old Brick Road, 360-2460; monaloungecigarbar.com.

Mike Gales 8 p.m. Caribbean Pot, 6825 Midlothian Turnpike.

Red Light Rodeo First Wednesday of every month, 10 p.m. Free.; redlightrodeo.bandcamp.com. Cary Street Cafe, 2631 W. Cary St., 353-7445; carystreetcafe.com.

Stelth Ulvang Solo project by the multi-instrumentalist from the Lumineers. 9:30 p.m. \$5.; stelthulvang.bandcamp.com. Balliceaux, 203 N. Lombardy St., 355-3008; balliceauxva.com.

Thomas Coleman 5 p.m. The Blue Goat, 5710 Grove Ave., 804-288-8875; bluegoatva.com.

words

Essential Oils 101 Education and support meeting of natural wellness enthusiasts. First Wednesday of every month, 6 p.m. \$10. Zoe Therapy Services, 8100 Three Chopt Road, suite 133, 356-6992; zoetherapyservices.com.

Karen A. Rader Lecture and book signing with the co-author of the book "Life on Display: Revolutionizing U.S. Museums of Science and Natural History in the Twentieth Century." 7:30 p.m. Free. Valentine House, 920 W. Franklin St., humanitiescenter.vcu.edu.

Lunch Break Science Museum scientists and invited speakers discuss a wide range of science topics. Seating is limited and available on a first-come, first-serve basis. 12-1 p.m. Free. Science Museum of Virginia, 2500 W. Broad St., 864-1400; smv.org.

Shakespeare's Kitchen: Peacocks and Pageantry Presentation by food historian Francine Segal on the foods, table manners and dining customs of the Elizabethan Age. 7-8:30 p.m. Agecroft Hall and Gardens, 4305 Sulgrave Road, 353-4241; agecrofthall.org.

Tax Tips for Cancer Patients Seminar Presentation by Richard Jacobs, senior tax manager at Dixon Hughes Goodman. 6-8 p.m. Free. 562-0371; cancerlinc.org. Johnston-Willis Hospital, 1401 Johnston-Willis Drive.

nightlife

Amateur Poker 7 & 9:30 p.m. Club Midway, 7514 Lee Davis Road.



"Cetacean Camouflage"

INSTINCTUAL RENDERINGS

One of the hardest-working artists in Richmond is Dana Frostick, a Virginia Commonwealth University sculpture major and webmaster for Art Space. And she's been working on a series called "Elaborate Doodles" since 2007. The award-winning, mixed-media works are rooted in tribal expression with sculpture, drawing and painting converging into an abstract vision of line, color and shapes. Intuitive in nature, the patterned pieces are defined by bold strokes and bursts of color over layers of Sharpie, paint, gesso and canvas. The body of work leaves the impression of unforced expression, as if Frostick were merely a vehicle through which the work had itself created. Frostick's retrospective exhibition, "Protozoan Biomorph Doodles," opens Friday, March 6, at the Artemis Gallery. The First Friday festivities run 5-10 p.m., with the exhibit on view till the end of the month. artemis-galleryrichmond.com. — Chris Bopst

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